

Victoria's Kitchen

Recipes Made with Love

La Sangría de Valentín A Toast to Life

Some conversations deserve more than a glass of wine—they deserve a moment.

Throughout Valentín's Reflection, meals become memories, and simple moments around the table become expressions of love, gratitude, and friendship.

This sangria reflects that same spirit: vibrant, refreshing, and meant to be shared with those who make life meaningful.

Whether you're celebrating a special occasion or simply watching the sunset with family and friends, may every sip remind you that life's greatest treasures are found in the moments we share together.

- Raise your glass...
- To love.
- To friendship.
- To beautiful memories.
- Cheers.

"Good food feeds the body.
Shared meals feed the soul."

—Victoria

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Valentín's Signature Sangría

Serves: 6-8

Ingredients

- 1 bottle (750 ml) Spanish Tempranillo or Rioja red wine
- ½ cup brandy
- ¼ cup orange liqueur (such as Cointreau or Triple Sec)
- 2 oranges, one juiced and one sliced
- 1 lemon, thinly sliced
- 1 lime, thinly sliced
- 1 crisp apple, diced
- 1 ripe peach, sliced (or a nectarine)
- ½ cup fresh strawberries, halved
- 2 cinnamon sticks
- 2 tablespoons honey (or to taste)
- Sparkling mineral water or club soda, chilled
- Plenty of ice
- Fresh mint leaves for garnish

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Instructions

1. In a large glass pitcher, combine the wine, brandy, orange liqueur, fresh orange juice, and honey. Stir until the honey dissolves.
2. Add all the sliced fruit and the cinnamon sticks.
3. Refrigerate for at least four hours. Overnight is even better, allowing the fruit to infuse the wine with its natural flavors.
4. Just before serving, add ice and top with sparkling water for a refreshing finish.
5. Garnish each glass with fresh mint and a piece of fruit.

Victoria's Tip

The best sangria is never rushed.

Prepare it the day before, let the flavors become friends overnight, and serve it surrounded by laughter, good conversation, and people you love.

Because, like life itself...

The finest moments are those we share.

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-Victoria